

Food Service Menu

Mar-24

1-Mar

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				6 oz Whole/1% Milk 2oz eq. WG Snack & Waffle 1/2. Fresh Banana
				2oz. Diced Teryaki chicken 1/3c. WG Rice 1/3c. Green Beans 1/3c. Diced Strawberries
				6oz. Whole/1% Milk
				2oz eq. WG Banana Bread 1/2c. Mango

4-Mar

5-Mar

6-Mar

7-Mar

8-Mar

6oz. Whole/1% Milk 1oz eq. WG Trix Cereal 1/2. Fresh Kiwi	6oz. Whole/1% Milk 1oz eq. WG Apple Muffin 1/2c. Applesauce	6oz. Whole/1% Milk 1oz eq. WG Cinnamon Corn Flakes 1/2c. Pineapple	6oz. Whole/1% Milk 1/4c. Strawberry Yogurt 1/2c. Diced Strawberries	6 oz Whole/1% Milk 1oz eq. WG Honey Cherrios 1/2c. Diced Peaches
2oz. Meat Loaf 1/3c. Diced Carrots 1 WG Corn Bread 1/3c. Diced Peaches Whole/1% Milk	2oz. Diced Chicken Barbecue 1 WG Hamburger Bun 1/3c. Mixed Vegetable 1 Fresh Oranges 6oz. Whole/1% Milk	3oz. Salisbury Steak & Gravy 1/3c. Mashed Potatoes 1 WG Roll Mango Whole/1% Milk	3oz. CN WG Chicken Fritters Green Beans 1/3c. Diced Pears With Juice 6oz. Whole/1% Milk	2oz. MeatBall Subs 1 WG Hot Dog Buns Peas 1/2. Bananas 6oz. Whole/1% Milk
1/2c. Fresh Cucumbers 1oz. Hummus	1oz. Animal Crackers 1/2c. Blueberries	1oz. Wheat Thins 1oz. Cheese Stick	1oz eq. WG Scooby-Doo Graham 1/2c. Fresh Apples	1.5 oz eq. Wheat Bread 1oz. Sliced Turkey

11-Mar

12-Mar

13-Mar

14-Mar

15-Mar

6oz. Whole/1% Milk 1oz eq. WG Blueberry Muffins 1/2c. Blueberries	6oz. Whole/1% Milk 1oz eq. WG Cinnamon Toast Crunch 1/2c. Applesauce	6oz. Whole/1% Milk 2oz eq. WG Banana Bread 1/2. Banana	6 oz. Whole/1% Milk 1oz eq. WG Kix 1/2c. Pineapple	6 oz. Whole/1% Milk 1oz eq. WG Bagels/Cream Cheese 1/2c. Diced Strawberries
2oz. WG Beef Taco Sticks 1/3c. Cauliflower 1/3c. Pineapple 6oz. Whole/1% Milk	3oz. Turkey Burgers/Cheese 1 WG Hamburger Buns 1/3c. Diced Carrots 1/3c. Diced Strawberries 6oz. Whole/1% Milk	2oz. Diced Chicken & Gravy 1/3c. Green Beans 1/3c. Diced Peaches 1 Biscuit 6oz. Whole/1% Milk	4oz. WG Cheese Pizza 1/3c. Corn 1/3c. Mango 6oz. Whole/1% Milk	6oz. Chicken Alfredo 1/3c. Broccoli 1/3c. Mandarines 6oz. Whole/1% Milk
1oz. Chex Mix 1/2. Fresh Kiwi	1oz eq. WG Cheeder Gold Fish 1oz. Cube Cheese	2oz eq. WG Corn Bread 1 Fresh Orange	1oz eq. WG Emoji Graham Crackers 1/2c. Fresh Apples	1oz eq. WG Pretzels 1/2c. Pears In Juice

This institution is an equal opportunity provider

TODDLER PORTIONS

MEAT 1 oz.
VEGETABLE/FRUIT 1/4 c.
GRAIN 1/4 c.
MILK 1/2 c.

PRE-SCHOOL PORTIONS

MEAT 1.5 oz
Vegetable/Fruit 1/2c
GRAIN 1/4c
MILK 3/4c

SCHOOL AGE PORTIONS

MEAT 2 oz.
VEGETABLE/FRUIT 3/4 c.
GRAIN 1/2 c.
MILK 1 c.

Food Service Menu

Mar-24

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
18-Mar		19-Mar		20-Mar		21-Mar		22-Mar	
6 oz.	Whole/1% Milk	6oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6oz.	Whole/1%Milk	6oz.	Whole/1% Milk
1/2c.	Life Cereal	1oz eq.	WG English Muffins	1oz eq.	WG Trix Cereal	1	Raisen Bread	1oz eq.	WG Cinnamon Corn Flakes
1/2c.	Mango	1/2c.	Peaches	1/2.	Fresh Kiwi	1/2c.	Applesauce	1	Fresh Oranges
2oz.	BBQ Meatballs	2oz	Chicken Taco/Cheese	3oz	CN WG Chicken Tenders	2oz.	Sloopy Joe	2oz.	WG Turkey Sandwiches
1	WG Rolls	1/3c.	Lettuce/Salsa	1/3c.	Broccoli	1	WG Hamburger Bun	1/3c.	Baby Carrots
1/3c.	Mixed Vegetables	1oz eq.	WG Tortilla	1/3c.	Pineapple	1/3c.	Green Beans	1/2.	Banana
1/3c.	Diced Pears In Juice	1/3c.	Fresh Apples			1/3c.	Diced Strawberries		
6 oz.	Whole/1% Milk	6oz.	Whole/1% Milk	6 oz.	Whole/1% Milk	6oz.	Whole/1%Milk	6oz.	Whole/1%Milk
1oz.	Sliced Turkey	2oz eq.	WG Blueberry Bread	1oz	Crunch Mania Graham	1/4c.	Vanilla Yogurt	1oz.	Saltine Crackers
1.5 oz eq.	Wheat Bread	1/2c.	Blueberries	1/2.	Banana	1/2c.	Mango	1oz.	Mozarella Cheese
25-Mar		26-Mar		27-Mar		28-Mar		29-Mar	
6oz.	Whole/1%Milk	6 oz.	Whole/1% Milk	6oz.	Whole/1%Milk	6oz.	Whole/1%Milk	6oz.	Whole/1%Milk
2oz eq.	WG Snack & Waffle	1oz eq.	WG Frosted Mini Wheats	1oz eq.	WG Croissant	1oz eq.	WGBanana Muffin	1oz eq.	WG Cinnamon Toast Crunch
1/2c.	Pineapple	1/2c.	Diced Peaches	1/2c.	Applesauce		Fresh Oranges	1/2c.	Diced Strawberries
2oz.	Sweedish Meatballs	2oz.	CN WG Chicken Nuggets	2oz.	Beef Taco Meat/Cheese	6oz.	WG Cheesy Chicken Rotini	3oz	Beef Burgers/Cheese
1/3c.	Mashed Potatoes	1/3c.	Peas	1/3c.	Lettuce/Salsa	1/3c.	Diced Carrots	1	WG Hamburger Bun
1	WG Roll	1/3c.	Mango	1oz eq.	WG Tortilla	1/3c.	Pineapple	1/3c.	Cauliflower
1/3c.	Diced Pears In Juice			1/2.	Bananas			1/3c.	Fresh Apples
6oz.	Whole/1%Milk	6 oz.	Whole/1% Milk	6oz.	Whole/1%Milk	6oz.	Whole/1%Milk	6oz.	Whole1%Milk
1oz eq.	WG Cheez-its	1/2c.	Baby Carrots	1oz eq.	Wheat Thins	1oz eq.	Scooby-Doo Graham	2oz eq.	Lemon Bread
1/2c.	Diced Strawberries	1oz.	Hummus	1oz.	String Cheese	1/2.	Fresh Kiwi	1/2c.	Mango

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TODDLER PORTIONS

MEAT 1 oz.
 VEGETABLE/FRUIT 1/4 c.
 GRAIN 1/4 c.
 MILK 1/2 c.

PRE-SCHOOL PORTIONS

MEAT 1.5 oz
 Vegetable/Fruit 1/2c
 GRAIN 1/4c
 MILK 3/4c

SCHOOL AGE PORTIONS

MEAT 2 oz.
 VEGETABLE/FRUIT 3/4 c.
 GRAIN 1/2 c.
 MILK 1 c.