

Foodservice Menu

	1-2 YRS	3-5 YRS	6+ YRS	2-Jun MONDAY	3-Jun TUESDAY	4-Jun WEDNESDAY	5-Jun THURSDAY	6-Jun FRIDAY
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Shredded Wheat Cereal	WG Cranberry Cornbread (1.5 oz.)	WG Chex Cereal	Bagel w/ Cream Cheese	WG Blueberry Muffin (1.8 oz.)
FRUIT	1/4 c.	1/2 c.	1/2 c.	Fresh Clementine Orange	Pineapple Tidbits	Fresh Banana (1/2)	Fresh Blueberries	Applesauce
MEAT/ MEAT ALT	1 oz.	1 1/2 oz.	2 oz.	Breaded Chicken Tenders (3)	Beef Taco Meat (Seasoned Ground Beef)	BBQ Chicken	Beef and Chicken Meatballs (4) with Spaghetti Sauce	Sliced Turkey Swiss Cheese
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Breadstick	Shredded Lettuce/Cheese	Cornbread	WG Hot Dog Bun	WG Tortilla
VEGETABLE	1/8 c.	1/4 c.	1/2 c.	Cooked Baby Carrots	Mexicorn	Roasted Sweet Potatoes	Green Beans	Romaine Salad
FRUIT	1/8 c.	1/4 c.	1/3 c.	Fresh Apple Wedges	Diced Pears	Mandarin Orange Segments	Watermelon	Fresh Banana (1/2)
					WG Flour Tortilla		Shredded Mozzarella	Ranch Dressing
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Animal Crackers(8)	Ritz Crackers(5)	Pita Triangles	Goldfish Crackers(1/3c)	Nut-Free Granola
FRUIT/VEGE	1/2 c.	1/2 c.	3/4 c.	Fresh Banana		Fresh Baby Carrots	Mango Applesauce	Fresh Strawberries
MEAT/ALT	1/2 oz.	1/2 oz.	1 oz.		String Cheese	Avocado Ranch Dip		Vanilla Yogurt

	9-Jun	10-Jun	11-Jun	12-Jun	13-Jun
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Toasted Oats Cereal	WG Life Cereal
FRUIT	1/4 c.	1/2 c.	1/2 c.	Fresh Clementine Orange	Fresh Banana (1/2)
MEAT/ MEAT ALT	1 oz.	1 1/2 oz.	2 oz.	Chicken Nuggets (4)	Beef and Pasta (3/4 c.) (1 1/2 oz. Beef, 3 oz Sauce)
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Dinner Roll	WG Rotini Pasta
VEGETABLE	1/8 c.	1/4 c.	1/2 c.	Cooked Carrots	Broccoli
FRUIT	1/8 c.	1/4 c.	1/3 c.	Fresh Apple Wedges	Pineapple Tidbits
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Pretzel Sticks	Club Crackers
FRUIT/VEGE	1/2 c.	1/2 c.	3/4 c.		Pumpkin Cranberry Square
MEAT/ALT	1/2 oz.	1/2 oz.	1 oz.	Sunflower Butter	Cheddar Stick

*Serve only WHOLE MILK to children between the ages of 1 and 2. Serve only 1% or SKIM MILK to children ages 2 and older.

** Meat and Cheese: 1 oz.=1 ounce, 1/2 EGG=1 oz., 1/2 c. BEANS/PEAS=1 oz., 2 Tbsp SEED BUTTER=1 oz., 1/2 c. YOGURT=1 oz.

WG next to item=WHOLE GRAIN. At least 1 item per day MUST be whole grain

oz eq=OUNCE EQUIVALENT

WATER IS AVAILABLE UPON CHILDREN'S REQUEST AT ALL TIMES

This institution is an Equal Opportunity Provider

Foodservice Menu

				16-Jun	17-Jun	18-Jun	19-Jun	20-Jun
1-2 YRS	3-5 YRS	6+ YRS		MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Corn Flakes Cereal	Raisin Bread	Kix Cereal	Bagel w/ Cream Cheese	WG Banana Bread
FRUIT	1/4 c.	1/2 c.	1/2 c.	Fresh Clementine Orange	Sliced Peaches	Fresh Banana (1/2)	Fresh Strawberries	Pineapple Tidbits
MEAT/ MEAT ALT	1 oz.	1 1/2 oz.	2 oz.	Chicken Philly Meat(1 1/2oz.) with Peppers and Onions	Taco Casserole(3/4c.) 2 oz. Beef, Beans, Cheese	BBQ Chicken	Beef Patty American Cheese	Chicken Salad (1/4 c.) (Chicken Cereley Mayo Relish)
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Hot Dog Bun	WG Elbow Macaroni	WG Dinner Roll	WG Wheat Bun	WG Tortilla
VEGETABLE	1/8 c.	1/4 c.	1/2 c.	Cooked Baby Carrots	Mexicorn	Roasted Potatoes	Baked Beans	Romaine Salad
FRUIT	1/8 c.	1/4 c.	1/3 c.	Cinnamon Applesauce	Pineapple Tidbits	Mandarin Orange Segments	Watermelon	Fresh Banana (1/2) Ranch Dressing
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Animal Crackers	Graham Crackers	Cornbread Muffin	WG Goldfish Crackers	WG Nut-Free Granola
FRUIT/VEG	1/2 c.	1/2 c.	3/4 c.	Fresh Banana	Cinnamon Applesauce	Fresh Orange Wedges (4)	Fresh Apple Wedges	Fresh Blueberries
MEAT/ALT	1/2 oz.	1/2 oz.	1 oz.					Vanilla Yogurt

				23-Jun	24-Jun	25-Jun	26-Jun	27-Jun
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Crispy Rice Cereal	WG Muffin (1.8oz)	WG Special K Cereal	WG Nut-free Granola	WG Carrot Raisin Bread
FRUIT	1/4 c.	1/2 c.	1/2 c.	Fresh Clementine Orange	Sliced Peaches	Fresh Banana (1/2)	Fresh Strawberries	Applesauce
MEAT/ MEAT ALT	1 oz.	1 1/2 oz.	2 oz.	Chicken Patty	Tikka Masala Meatballs (4)	(3/4 c)Macaroni And Cheese (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni)	Sloppy Joe Meat	WG Cheese Pizza (5 oz.)
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	WG Burger Bun	Naan Bread		WG Burger Bun	WG Rotini
VEGETABLE	1/8 c.	1/4 c.	1/2 c.	Carrots	Roasted Broccoli	Green Beans and Tomatoes	Tater Tots	Romaine Salad
FRUIT	1/8 c.	1/4 c.	1/3 c.	Strawberry Applesauce	Pineapple Tidbits	Fresh Orange Wedges	Sliced Peaches	Fresh Banana (1/2)
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Animal Crackers	Graham Crackers	WG Wheat Bread Slice	WG Pita Bread	WG Nut-Free Granola
FRUIT/VEG	1/2 c.	1/2 c.	3/4 c.	Fresh Banana	Fresh Apple Wedges		Sliced Cucumbers	Fresh Strawberries
MEAT/ALT	1/2 oz.	1/2 oz.	1 oz.			Sliced Turkey and Cheese	Ranch Dressing	Vanilla Yogurt

*Serve only WHOLE MILK to children between the ages of 1 and 2. Serve only 1% or SKIM MILK to children ages 2 and older.

** Meat and Cheese: 1 oz.=1 ounce, 1/2 EGG=1 oz., 1/2 c. BEANS/PEAS=1 oz., 2 Tbsp SEED BUTTER=1 oz., 1/2 c. YOGURT=1 oz.

WG next to item=WHOLE GRAIN. At least 1 item per day MUST be whole grain

oz eq=OUNCE EQUIVALENT

WATER IS AVAILABLE UPON CHILDREN'S REQUEST AT ALL TIMES

This institution is an Equal Opportunity Provider

	1-2 YRS	3-5 YRS	6+ YRS	30-Jun MONDAY	1-Jul TUESDAY	2-Jul WEDNESDAY	3-Jul THURSDAY	4-Jul FRIDAY
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Crispy Rice Cereal	Plain Bagel (1.3 oz)	WG Special K Cereal	WG Nut-free Granola	
FRUIT	1/4 c.	1/2 c.	1/2 c.	Fresh Clementine Orange	Pineapple Tidbits	Fresh Banana (1/2)	Fresh Strawberries	
MEAT/ MEAT ALT	1 oz.	1 1/2 oz.	2 oz.	Chicken Paprikash (2 oz. Chicken, 1 oz. Sauce)	Hoisin Glazed Meatballs (4 Meatballs 2oz, 1/2oz Glaze)	(3/4 c) Macaroni And Cheese (3 oz Cheddar Cheese Sauce 3 oz WG Elbow Macaroni)	Sloppy Joe Meat	HAPPY
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Noodles	WG Brown Rice Pilaf		WG Burger Bun	
VEGETABLE	1/8 c.	1/4 c.	1/2 c.	Carrots	Marinated Cucumbers	Green Beans and Tomatoes	Roasted Potatoes	4TH OF JULY!
FRUIT	1/8 c.	1/4 c.	1/3 c.	Strawberry Applesauce	Pineapple Tidbits	Fresh Orange Wedges	Sliced Peaches	
MILK*	4 oz.	6 oz.	8 oz.	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	Whole/1% Milk	
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq	Animal Crackers	Graham Crackers	WG Wheat Bread Slice	WG Goldfish Crackers	
FRUIT/VEGE	1/2 c.	1/2 c.	3/4 c.	Fresh Banana	Fresh Apple Wedges		100% Very Berry Juice	
MEAT/ALT	1/2 oz.	1/2 oz.	1 oz.			Sliced Turkey and Cheese		

MILK*	4 oz.	6 oz.	8 oz.
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq
FRUIT	1/4 c.	1/2 c.	1/2 c.
MEAT/ MEAT ALT	1 oz.	1 1/2 oz.	2 oz.
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq
VEGETABLE	1/8 c.	1/4 c.	1/2 c.
FRUIT	1/8 c.	1/4 c.	1/3 c.
MILK*	4 oz.	6 oz.	8 oz.
GRAIN	1/2 oz eq	1/2 oz eq	1 oz eq
FRUIT/VEGE	1/2 c.	1/2 c.	3/4 c.
MEAT/ALT	1/2 oz.	1/2 oz.	1 oz.

*Serve only WHOLE MILK to children between the ages of 1 and 2. Serve only 1% or SKIM MILK to children ages 2 and older.

** Meat and Cheese: 1 oz.=1 ounce, 1/2 EGG=1 oz., 1/2 c. BEANS/PEAS=1 oz., 2 Tbsp SEED BUTTER=1 oz., 1/2 c. YOGURT=1 oz.

WG next to item=WHOLE GRAIN. At least 1 item per day MUST be whole grain

oz eq=OUNCE EQUIVALENT

WATER IS AVAILABLE UPON CHILDREN'S REQUEST AT ALL TIMES

This institution is an Equal Opportunity Provider